THE BAY CE SCHOOL

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The National Curriculum states that, as a school, we must provide swimming instruction either in Key Stage 1 or Key Stage 2. At The Bay, this programme of study is followed in Year 3.

This includes teaching pupils to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively – for example, front crawl, backstroke and breaststroke
- Perform safe self-rescue in different water-based situations

All parents must ensure that their children attend all allocated lessons. As swimming is a statutory part of the National Curriculum, parents do not have the right to withdraw their children from this statutory element. If children forget their swimming kits, we will contact parents to ask them to drop this into school in time for the afternoon lesson.

Parents of children returning from an illness, that would prevent them from swimming for a short period of time, must provide the school with medical evidence (from hospital or a doctor) of the illness, indicating valid reasons why your child cannot attend. Should a child not be able to swim for an extended period of time, more than 2/3 sessions, a doctor's letter must be provided.

Whilst we wish to support parents and meet their specific requests with reasonable steps, it is not possible to exempt children from the National Curriculum.

All of The Heights swimming instructors are professionally qualified. Standards are high due to continued professional development in all aspects of aquatic disciplines. The safety of your child is of paramount importance.

Clothing requirements for school swimming is as follows:

Girls:

- One-piece swimming costume – no bikinis
- A towel
- A swimming hat is required to be worn if the hair covers the eyes or airways

Boys:

- A pair of traditional swimming trunks or swim shorts (not long Bermuda style as these can be unsafe)
- A towel
- A swimming hat is required to be worn if the hair covers the eyes or airways