



Secondary News

THE BAY CE SCHOOL

Believe • Inspire • Excel

Issue 12: Friday 20th March 2020

Message from the Head of School

I would like to thank parents and carers for their continued support through this unprecedented and difficult time. I can assure you we will meet all our duties for all students and take our responsibility to support society at this difficult time very seriously. At The Bay CE School we have an absolute commitment to your child's education.

For the vast majority of students for whom school is closed from the end of the day on Friday, we will be endeavouring to provide the best education possible under the difficult circumstances. We will be using Show My Homework as the online platform for setting work for students. Students are expected to follow their scheduled lessons from home. Please encourage your child to access the uploaded work from Show My Homework.

Work can be accessed via Show My Homework <https://bayceschool.satchelone.com/school/homeworks/calendar> or via the Show My Homework app (please note that you do not need to have a password for this). For those students who cannot access the internet, packs will be distributed.

Staff, who are healthy, will be working from home. Work may be set in batches on a daily or weekly basis. We are not expecting staff to be available online to respond 'live' to queries - especially if they fall ill during the closure - but to do the best they can to enable students to continue with their education. We are also looking at the most effective ways to allow staff to give feedback to students where possible. We ask for patience with the Show My Homework platform as demand will surge during school closure so may cause initial problems.

The small group of students who will be attending school for supervision from Monday 23rd March will be contacted today to confirm arrangements.

I would like to assure you that we will stay in close communication with you during these unprecedented times. Please check our website and Facebook page and keep an eye on your emails. We will also endeavour to send out a daily newsletter while we are closed.

Thank you again for your continued support.

Mrs Westcott-Hayes



We will keep up regular communication while the school is closed.

Please keep an eye on our website: www.bayceschool.org

Facebook - <https://www.facebook.com/TheBayCESecondary/>

Twitter - <https://twitter.com/BayCESecondary>

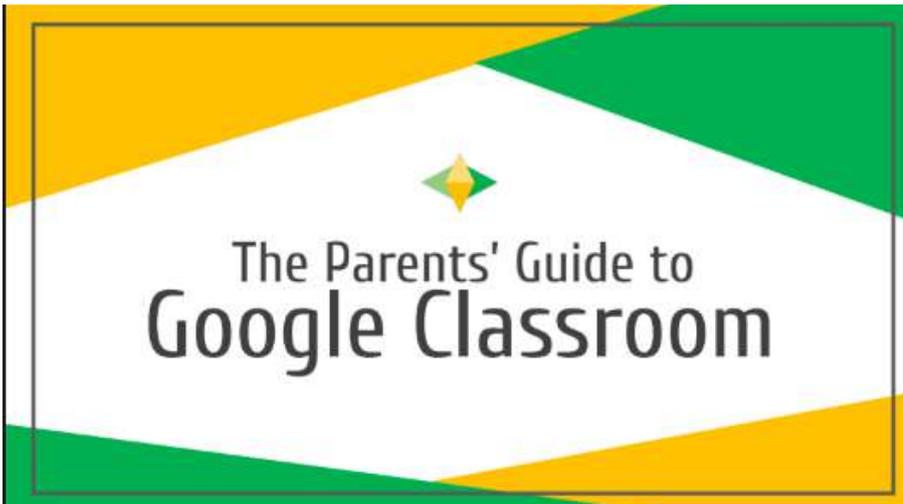


Accessing work from home

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Many teachers will also be using Google Classroom. [Click here](#) to view The Parents' Guide to Google Classroom.



The Government have released information for parents and carers about the closure of educational settings. [Click here](#) to read the information.

ThinkNinja

The Coronavirus pandemic brings with it a significant amount of uncertainty and is therefore likely to have an impact on children and young people in terms of their emotional wellbeing. Children and young people may be feeling more stressed, anxious, worried and low as they absorb and react to the evolving Coronavirus situation.

The Hampshire and Isle of Wight Partnership of CCGs would like to remind all young people aged 11-17 yrs and living in Hampshire or the Isle of Wight, that the Think Ninja App is free and available to provide support for those struggling with mental health and emotional wellbeing in this time of uncertainty.

ThinkNinja can help young people in the following ways:

- Keeping calm when stress levels rise by accessing the Skill Zone for breathing and distraction exercises
- Helping to address unhelpful thoughts related to Coronavirus in the CBT skills section and 'My Challenges' section
- Boosting their mood with various PowerUps
- Connecting via text chat with a 'live' Healios mental health professional, if required, all within the app

It is important to highlight that Think Ninja offers support only and should not be used as a replacement intervention for Mental Health input from NHS CAMHS or Counselling services.

The app can be downloaded for free from the App Store and is available on all Android and Apple IOS smartphones and tablets. Unfortunately Think Ninja is not available on laptops or PC's as yet. Once downloaded you will be asked to enter your postcode. Think Ninja has already been populated with all Hampshire and Isle of Wight postcodes and is being used by a number of young people in these areas.

We hope this is a useful reminder about ThinkNinja and how it can help young people during this very difficult time. For guidance and helpful materials for communicating with students, including videos, visit <https://www.healos.org.uk/think-ninja-assets>

Well-Being

The NHS 0-19 Public health team including Health Visitors and School nurses will continue to be available via our duty desk:

Tel: 01983 821388

Email: www.0-19dutydesk@nhs.net

They have a Facebook page <https://www.facebook.com/IOWPHTEAM/>

We would also recommend that parents and young people have a look at these websites for general health advice:
<https://what0-18.nhs.uk/>
<https://www.nhs.uk/>

If you are struggling with essentials <https://isleofwight.foodbank.org.uk/> may be able to help.

<https://www.kooth.com/> provide free anonymous online support for young people.

<https://www.bigwhitewall.com/> is a safe community to support your mental health.

Visit: <https://www.samaritans.org/> for a listening ear



Science update

In our Bioenergetics module in Year 10 Biology, our students engaged in some origami. They examined the site of respiration by making Mitochondria as 3d models. In the lesson, the students learned that mitochondria are organelles inside plant and animal cells that convert Glucose into carbon dioxide, water and energy. In humans, this process is called Glycolysis and ensures that we have energy in a usable form for our bodies to function properly.

Dr King was really impressed with the work the students did, following the lesson, photographs of their models were put in their books with extension work required to label and annotate their photographs detailing the specific areas of the mitochondria.

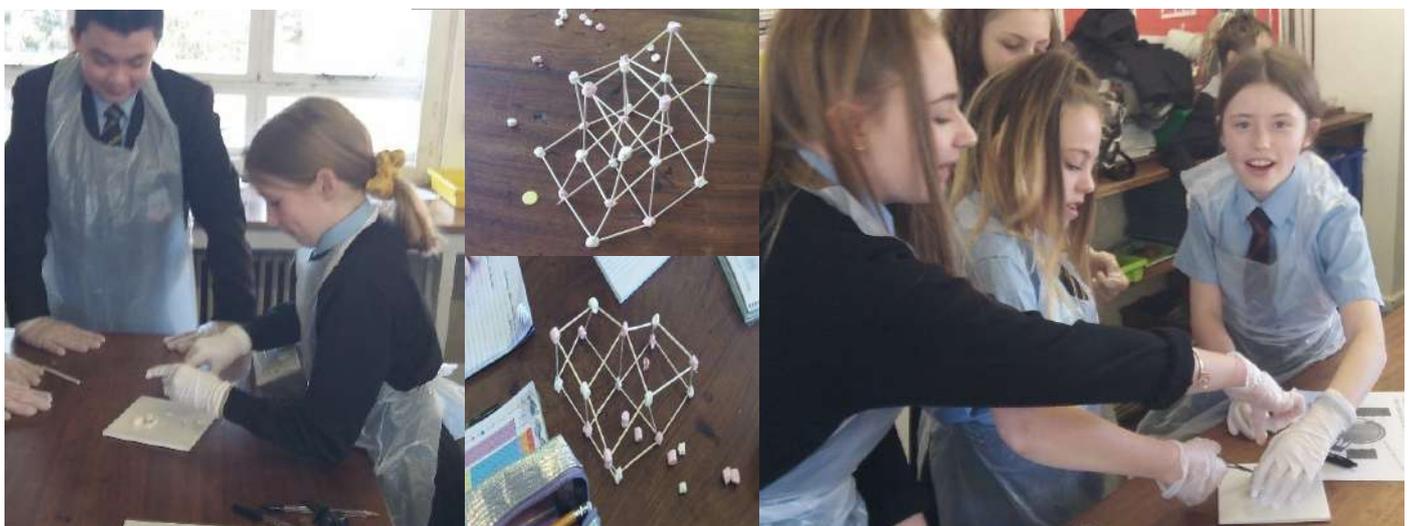


Over the last few weeks, a lot of hands on and creative science has been happening across our different year groups.

Some groups in Year 7 have been learning about light and how we can see, which has meant for dissecting cows eyes to help identify the parts of an eye. As you can see from the photographs, our students were keen to engage in the task and appear to be having a lot of fun identifying the lens and vitreous humour, whilst taking care with themselves and the equipment they were using.

Year 9 have been looking at the structure and bonding of elements and compounds and have been making 3D models from sweets and cocktail sticks to show how different ionic compounds form into different shape crystals because of the number of bonds they form.

Year 10 have been making models of mitochondria, organelles within cells.



Sport Relief Week

The Student Leadership Team worked incredibly hard to organise and run an action packed Sports Relief fundraising week from 9th-13th March.

The Year 11 team organised a whole host of sporting activities for both students and staff, aiming to encourage sporting participation and also raise money for Sport Relief. Activities included tennis, badminton, table tennis, rowing, board games and rugby.



Over 400 exercise slots were taken over the week.

Staff and students kick -started each day with popular early morning exercise sessions in Zumba, Body Balance and the infamous 'Bootcamp' workout, led by Fitness Professionals from TJ's Exercise Studio in Lake.



Thank you so much to TJ's Gym and all of the fantastic instructors who helped to make the week so memorable.

Green House Community Day

Sport Relief week culminated with Green House Community Day which was a non-uniform day for students. The money raised was shared between Rugby against Cancer and Sport Relief. A rugby skills session and match was held at lunch time, led by Guest coach and player Aaron Beesley of England's National Deaf Rugby Squad.



To mark the event of a school many students competed in the Con Sullivan Triathlon, an event in memory of a former student who tragically died in a cycling accident in 2013. Particularly poignant was the presentation by Marianne Sullivan, Con's mother and former teacher at the school. She praised all competitors, regardless of their finishing position, for their courage in competing and finishing such a challenge, before presenting to overall winners Ethan Walters (Boys) and Rachael Debenham (Girls). Key stage 3 winners were Owen Clarke and Grace King.

The total amount raised for Sport Relief and Rugby Against Cancer is **£824.59** (this is set to increase once the Silent raffle has been done).

Thank you so much to the following local businesses for their support with prizes:

Isle of Wight Zoo, Isle of Wight Pearl, Isle of Wight Steam Railway, Garlic Farm, Tapnell Farm and Tackt-Isle Adventures



"It was a fantastic week with so many buying into the event and getting involved in all activities, whether it be before school, at lunchtime or after school. It was capped off by the triathlon, which was a great celebration of sporting talent and enthusiasm for sport at the school throughout all of the year groups. On behalf of the school I would like to thank all of the fantastic instructors from TJs Exercise Studio who helped to make the week so memorable." "

Ethan Walters, Sports Ambassador (Year 11)

Hospitality and Catering

Year 11 Hospitality and Catering students completed their mock exam last week. They planned and cooked some amazing dishes.

"I am so proud of the incredible products that our Year 11 students have made in their Catering mock exams. These well-researched, highly skilled dishes will allow them to reach the top grades possible in their forthcoming assessments. Their presentation was amazing and they all tasted absolutely fantastic!

Miss Maddocks



The Compass

The Compass is the home of Inclusion at the Bay. At times we all need support and the Compass offers a range of interventions and activities for all students to access as well as more bespoke packages.

The Compass building incorporates teaching rooms for small group curriculum work and quiet study, the safeguarding and SEND teams, the lead First Aider, homework and lunchtime clubs, and rooms for interventions and 1:1 work. Interventions include ELSA, Bend Don't Break (resilience), Let it Go (bereavement), Protective Behaviour, Social Skills, Anger Management, Lexia, Stairway to Spelling and subject specific workshops delivered by teaching staff.

The Compass is overseen by Mrs Susanna Jones (Director of Inclusion), and Mrs Marie Greaves (SENDSCO). Mrs Jones has worked in education for over 20 years as a science teacher, head of department, Assistant Head and safeguarding lead. She has a wealth of experience working in schools both on and off the Island, and has a passion for inclusion and meeting the needs of all students. Mrs Greaves also comes with over 20 years of experience within education including kitchen assistant and TA before qualifying as a teacher for both primary and secondary age students. She has completed the national SENDSCO award and has experienced working in a range of schools including those that specialise in working with students with behavioural, emotional and social difficulties. She has joined the Bay CE School under the Compass umbrella to drive forward special educational needs provision.

The Compass vision is for all students to be lifelong learners equipped with the knowledge, skills and understanding to achieve well in all they do.

Letting it go

This week the last session in our bereavement and loss group called 'Letting it go' took place. Students have worked very hard over the last few weeks writing their books and discussing how losing someone feels. All students learnt that some feelings were universal while other feelings are very personal. All students have really grown over the weeks and the final session was our balloon release. The balloons carry messages to our lost love ones.

